



INTERNATIONAL BALLET ACADEMY

ARTISTIC DIRECTOR | VERA ALTUNINA

Summer Intensive Dance 2023

Age 11 through Adult

Sample Schedule

Subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Stretch 10:00 - 10:45	Stretch 10:00 - 10:45	Stretch 10:00 - 10:45	Stretch 10:00 - 10:45	Stretch 10:00 - 10:45
Ballet 11:00 - 1:00	Ballet 11:00 - 1:00	Ballet 11:00 - 1:00	Ballet 11:00 - 1:00	Ballet 11:00 - 1:00
Lunch 1:00 - 1:45	Lunch 1:00 - 1:45	Lunch 1:00 - 1:45	Lunch 1:00 - 1:45	Lunch 1:00 - 1:45
Mime 1:45 - 2:45	Theatre dance 1:45 - 2:45	Character dance 1:45 - 2:45	Modern 1:45 - 2:45	Contemporary 1:45 - 2:45
Pointe/Mens/Repertory 3:00 - 4:00	Pas De deux 3:00 - 4:00	Pointe/Mens/Repertory 3:00 - 4:00	Pas De deux 3:00 - 4:00	Pointe/Mens/Repertory 3:00 - 4:00

Revised 02.02.2023